Mississauga Arts Council

# Arts for Business

Directory
December 2024



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# About MAC & Arts for Business

# About our Arts for Business Directory

MAC's Arts for Business Directory is a roster of professional performers, musicians, visual artists, instructors, photographers, and more. Every artist in this collection are available to be hired out for corporate events and team-building activities. Whether you're looking for entertainment for your company barbecue, or an interactive art class to bring your employees together, why not support local Mississauga artists while doing it!

Each artist in this directory is a member in good standing of the Mississauga Arts Council, and each has notable experience in their respective arts discipline. If you are interested in hiring an artist for their services, **please refer to the clickable social media icons on their page** as well as their direct contact information.

Need assistance with booking an artist? Questions? Contact Mike Douglas at <a href="mike@macarts.ca">mike@macarts.ca</a>. If you hire an artist from this directory, please let us know! We're happy to share your experience and tag you on our social media channels to an audience of 30,000+!

#### **About MAC**

The Mississauga Arts Council is dedicated to enabling the growth of the arts by creating opportunity and connection between artists and residents in Mississauga and beyond. Our vision, mission, values and strategy all point to growing Mississauga's arts economy by providing Mississauga artists with opportunities to enhance their skills and enrich our city's quality of life.

### **Musicians** POP

Want to listen to our artists? Click here or visit bit.ly/ArtsDirectoryMusic



#### **Arlene**



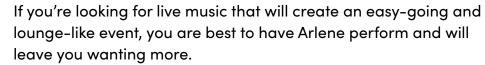






Arlene is an award-winning singer-songwriter from Mississauga. Since 2010, she has performed across Canada, UK, Europe and the US.

Her ability to perform cover songs, current and classics, can provide a sweet ambiance and easy listening vibe to your venue. She can perform solo or as a duo with either a violinist, guitarist, or percussionist (depending on who is available).



Check out Arlene's EPK for even more information: www.officialarlene.com/epk



#### **PRICES\***

Solo: \$400-\$500 Duo: \$600-\$700

\*Rates vary if sound gear/PA has to be provided by the artist.



#### CONTACT

Arlene Paculan at info@officialarlene.com

### **Musicians** POP

Want to listen to our artists? Click here or visit bit.ly/ArtsDirectoryMusic







Cmagic5.com 🔞 🖸 🚯 @Cmagic5







@cmagic5music

CMAGIC5 is a high-octane and soulful singer/songwriter, musician, and performer. Covering your favorite songs to performing her original dance-pop music, Cmagic5 is sure to mesmerize you. Her sound is contemporary with a refreshing blend of old school vibes and futuristic sounds with the uniqueness of her music created by fusing other sub-genres.

With rich, soulful vocals, powerful beats, and catchy melodies, accompanied by her charismatic delivery, Cmagic5 is exhilarating entertainment for your next event!



#### **PRICES**

Performances starting at \$500. Please contact for more details.

#### **CONTACT**

Ana Spencer at anamusicmgmt@gmail.com

# Musicians POP/R&B/SOUL

Want to listen to our artists?

Click here or visit
bit.ly/ArtsDirectoryMusic





#### Darryn de Souza







Darryn de Souza is a solo performer, playing piano and singing. As a BIPOC performer, he is always looking to bring music from BIPOC culture to the forefront, using event-specific arrangements to celebrate artists that may not always be used by non-BIPOC performers. R&B, Soul, Pop and Theatre all are celebrated in performance. As an arranger/composer, Darryn brings fresh musical arrangements to the table to impress and build the right amount of interest for corporate celebrations, home/private parties, theatre performances, open mic events, workshops, business building seminars, and concerts.

As an educator/mentor, Darryn can prepare and deliver seminars or workshops for all different ages, including kids ages 4+ and adult business settings. Leading 2-3 hour sessions, he focuses on team building for adults, and creativity, passion, and culture building with young people, focusing on how to use skills in music/singing that can translate into any industry.

As a performer, he brings a very musical performance to life, with option to tailor style or song choices with booking agent.

#### **PRICES**

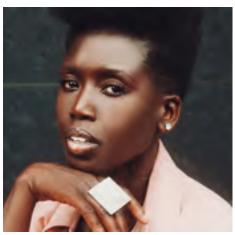
Can range from \$500-\$2000. Each event is a bespoke price and prep, depending on what you are looking for.

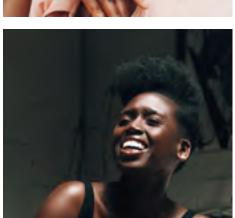
#### CONTACT

Darryn de Souza at darryndesouza@gmail.com

# **Musicians** POP/R&B/JAZZ

Want to listen to our artists? Click here or visit bit.ly/ArtsDirectoryMusic





#### **KHAY**







iamKHAY Live Music Entertainment offers polished, personalized, intimate live music for your corporate/personal special event, wedding, or cocktail party. Luxury entertainment delivered to you by world class musicians with musical expertise to bring you a professional live music experience.

"Powerhouse performer" and "soul stirring artist", are a few of the terms critics have used to describe the poised and passionate Canadian born vocalist, performer, and songwriter known to audiences as KHAY. With an eclectic mix of musical influences, KHAY fuses soulful vocals, cutting guitars, haunting melodies, and unmistakable groove to create an authentic multi-layered musical experience. As a powerful vocalist and entertainer, her movement and music are characterized as a 'new brand of fusion'.

#### PRICES\*

#### **Private/Corporate Special Events**

(i.e. Wine Tasting Dinner, Product Launch, Anniversary, Gallery Opening)

- 2-3 hour Event: from \$1,000
- 3 hour+ Event: from \$1,000-1,200

#### CONTACT

Khay at khay@iamkhay.com

<sup>\*</sup>Rates vary based on specifices of individual event. Please inquire for details.

# Musicians POP/ROCK

Want to listen to our artists? Click here or visit bit.ly/ArtsDirectoryMusic



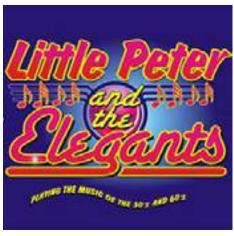
#### Little Peter & The Elegants





@littlepeterandtheelegants

Little Peter & The Elegants band began in 1973, during a time of nostalgia with the theatre production Grease, the movie American Graffiti, and the TV show Happy Days. The band members have changed over the years and still play the hits like you first heard them on on the radio. Pop music for all age groups - a "generation bridge"!



Through the Mississauga News Readers Choice Awards, the band was voted "Best Local Band" in 2020 and "Best Local Entertainment" in 2021. They drew some of the largest crowds to Port Credit Memorial Park for the Sunset Concert Series in 2011, 2012 and 2013. The Port Credit BIA requested the band to perform along Lakeshore Road at the Moonlight Madness evening every year from 2000 to 2007.

#### **PRICES**

The band's price can be between \$1,600-\$4,000.

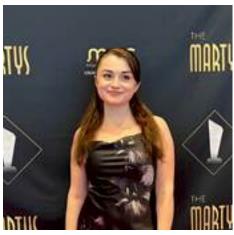


#### CONTACT

Peter Toller at (905) 274-6131 or toller@sympatico.ca

### **Musicians POP**

Want to listen to our artists? Click here or visit bit.ly/ArtsDirectoryMusic







#### Mauve







🚮 💟 @musicbymauve

Mauve would love to have the opportunity to sing at your venue and provide a lively atmosphere for your guests! She is available solo, acoustic duo, or with a full band.

Mauve was thrilled to be selected to play at the 2022 and 2023 Canadian Music Week Festival. Other venues where she has played live include Cineplex, CHCH-TV Morning Live, Yonge-Dundas Square, the MOD Club, Sneaky Dee's, and countless indoor events and outdoor festivals across Ontario.

Mauve and her band cover a wide repertoire of genres to captivate and create an enjoyable atmosphere. Music from the 70s, 80s, 90s, 2000s, 2010s... you name it! Mauve's original songs have also gained 1.9 million streams on Spotify and she has been nominated for 3 Mississauga Music Awards, and 2 MARTY Awards.

#### **PRICES**

Please kindly contact for a quote as pricing depends on location, length of performance time, and how many band members you would like join for the performance.

#### CONTACT

Mauve at musicbymauve@gmail.com Phone: (416) 871-3326

# Musicians POP/JAZZ/INSTRUMENTAL

Want to listen to our artists? Click here or visit bit.ly/ArtsDirectoryMusic







#### Natalie G Music







Natalie Gergis is a talented multi-instrumentalist based in Mississauga. Mastering the flute and learning the guitar at a young age, she has performed at many events such as Carassauga, Mississauga World Music Festival, Taste of the Middle East, Dixie Bloor Summerfest, 'Twas the Bite Before Christmas, the Living Arts Centre's 25th anniversary, the Festival of Arabic Music and Arts, the Canadian Egyptian Festival at Celebration Square, the Port Credit Canada Day Parade, Art Galleries, and many more. She's received many awards such as Top 30 Arab-Canadian Under 30, Civic Award from Mayor Bonnie Crombie for Achievement in the Arts, an MPP Honorary Scroll for her musical contributions to Mississauga, and the John Haranchek Music Award.

Natalie is a member and volunteer in the Mississauga Symphony Youth Orchestra and Canadian Arabic Orchestra, and has established a substantial social media presence with over 20K followers on her pages "Natalie G Music". In addition to her musical performances, Natalie has also taken up leadership roles within music, such as a Youth Ambassador for the Glimpse Team Project, former Music Council President and band section leader at her school. Natalie is dedicated to sharing the joy of music with her community and bringing people together through her music.

#### **PRICES**

30-45 minute performance (flute/guitar & vocals): \$350

#### CONTACT

Natalie G at nataliegergis853@gmail.com Phone: (647) 786-6741

## Musicians POP/R&B/ROCK

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#### **Nicole Faye**







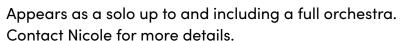
With more than 15 years of professional experience in the GTA music scene, Nicole has worked with the best of the best. Dividing her time between studio and stage, Nicole is an in-demand performer and vocalist regularly appearing with Greater Toronto Area acts like The George St. Kitts Band, Sole Power and Sensation Live Band.



A passionate performer, Nicole thrives on the energy she receives from performing in front of live audiences and on live television. Most notably backing up Alessia Cara at iHeart Radio's MMVA's in 2016, as well as three live appearances on Toronto's Breakfast Television.

Nicole Faye is a musician with an impressive range of talents including singing, acting, dancing, and production. Genres performed include Top 40, Pop, Rock, R&B, Motown, Funk & Disco.







#### CONTACT

Nicole Faye at heynicolefaye@gmail.com Phone: (416) 518-6677

# **Musicians INDIE-POP**

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#### Oleyada



oleyada.com







📵 🖏 🕒 @oleyyada



🚮 🚮 @oleyada

Oleyada is a bilingual (English/Spanish) indie-pop artist and songwriter. She works alongside producer Mathew Fantini, creating a dreamy rock-tinged sound that complements her soft, airy vocals and infectious pop melodies. Her music has been featured on CBC's television series Strays and Workin' Moms. She is also an in-demand collaborator, having worked with international acts such as Te Pai, AXTROM, and Joan Alasta, local acts such as The Free Label and Chelle, and PEI artist Kinley Dowling (Hey Rosetta!).

Oleyada has performance experience ranging from small bars to street festivals. She is available to perform solo, in a duo or with a full band depending on the showcase.

#### **PRICES**

Please contact Oleyada for pricing.

#### **CONTACT**

Oleyada at oleyadamusic@gmail.com

Phone: (647) 504-8118

### Musicians POP

Want to listen to our artists?

Click here or visit
bit.ly/ArtsDirectoryMusic







#### Sarah Catharine





@\_sarahcatharine

Award-winning vocalist and singer-songwriter Sarah Catharine brings magic to every performance with her passion, typically drawing heartfelt emotions from her audience after every performance.

Sarah performs acoustically solo, accompanied by guitar or piano, and enjoys perfuming a mix of both her original songs and pop covers, especially Taylor Swift. Sarah writes and produces her songs independently and has over 30,000 streams on Spotify and Apple Music.

When she isn't writing original music, she's blowing up on Tik Tok with from famous mashups of Taylor Swift songs, with multiple videos with over 1 million views and over 28,000 followers.

#### PRICES\*

\$150-\$500 depending on performance type and length 30-45 minute performance: \$150 (solo vocalist + piano or guitar)

\*Extra fees may be required for extra sound equipment that needs to be provided by performer

#### CONTACT

Sarah at sarahcatharinemusic@gmail.com (416) 576-7563

### **Musicians POP**

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#### Troubador (David C King)







@ca.troubador

Troubador is a Solo singer/quitarist to entertain you with covers of classic ballads and love songs from the 1950's onwards. Listen or sing-along as Troubador performs music from artists like Neil Diamond, Simon & Garfunkel, John Denver, the Eagles, Leonard Cohen, the Bee Gees and many, many more.



Troubador performs at pubs/restaurants (e.g. Blackbird Bistro, Graydon Bar), Seniors' homes (e.g. Parkland on the Glen), public events (e.g. Taste of Cooksville, Cooksville sign unveiling, Streetsville Farmers Market, MAC events - WestEdge CC, Amphitheatre at Celebration Square), and private events home or backyard.

#### **PRICES**

Troubador will perform for two, three, or four sets. Prices range between \$150 and \$250. Professional audio equipment is included in the price.



#### **CONTACT**

Troubador (David C King) at dck@troubador.ca Phone: (416) 822-4185

### **Musicians** POP/FUSION

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#### **ZyRuP**







ZyRuP is a vibrant musical duo featuring singer-songwriter Dilini and producer/multi-instrumentalist Vayanga. Combining powerful vocals with versatile production, they deliver a unique sound that blends emotion, creativity, and energy.

With experience in live performances, music production, and dynamic arrangements, ZyRuP offers a professional yet personal touch to their craft. Whether it's soulful ballads, upbeat tracks, or custom projects, their passion for music shines through every note. Perfect for events, collaborations, or studio work, ZyRuP is dedicated to creating memorable and engaging musical experiences.



#### **PRICES**

\$200-\$500 per performance. Please DM or email to get quotes based on your project.



CONTACT

Vayanga Rajakaruna at zyrupsl@gmail.com Phone: (437) 339-8996

# Musicians MOTOWN/SOUL

Want to listen to our artists?

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bit.ly/ArtsDirectoryMusic



#### **U.N. Jefferson**







U.N. Jefferson is a 9 piece band that combines a Soul inspired sound with an engaging live show. Blending traditional and modern elements, the band draws from everything Soul music has to offer, from Motown and Funk to aspects of Jazz and Gospel.

The diverse musical backgrounds within the band, which includes Juno award winners, contribute to their dynamic sound and the intensity of their live performance. The songs are uplifting and the show is designed to have audiences leave with a sense of positivity.

The band brings people together with a highly energetic and entertaining musical experience.



#### **PRICES**

Please contact U.N. Jefferson for details.



**CONTACT** 

U.N. Jefferson at contact@unjefferson.com

### Musicians JAZZ/CLASSICAL/OPERA

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#### **Anna Wojcik**





Anna Wojcik is a young Polish-Canadian soprano who has already performed for audiences across Canada, the US, Poland, and Germany. She is hailed as "one to watch" (Opera ramblings, 2019).

Anna has won countless competitions including the 69th ACPC Marcella Kochańska-Sembrich Vocal Competition and the Oakville Chamber Orchestra Concerto Competition. Anna has performed multiple opera roles including Annina in Verdi's La traviata (SOLT) and Sister Osmina in Puccini's Suor Angelica (GGS). As the co-founder of Nóżki Opera, Anna played The Queen of the Night in Mozart's Magic Flute, Madame Herz in Mozart's Impresario, Susanna in Mozart's Marriage of Figaro and Anne Frank in Livingston's Singing Only Softly.

Anna is a graduate of The Royal Conservatory of Music's Glenn Gould School. As a first-generation Canadian, Anna's passion is discovering the little-known repertoire of Polish composers.

Anna is available to sing at special celebrations and corporate events.

#### **PRICES**

Please contact Anna to discuss details and pricing.

#### CONTACT

Anna at annawojciksoprano@gmail.com

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Cat Bernardi has been entertaining audiences all over Ontario and beyond for almost two decades. She is a jazz vocalist, composer, band leader and arranger who sings in English, Italian, French and Spanish.

Cat performs for festivals, corporate events, private concerts, weddings and other special events - for which she caters her repertoire choices and performance-style for the individual needs of each event and or/client. She is available to perform as a solo artist, in a duo, trio, quartet or quintet. Cat's original music has been featured on Jazz FM 91.1, PopCan Radio, and Canadian Beats.



#### **PRICES**

Solo: \$300-\$600+HST Duo: \$450-\$750+HST Trio: \$650-\$1000+HST

Full Band (4-6 piece): \$1500-\$3000+HST



#### CONTACT

Cat Bernardi at info@catbernardimusic.com

# Musicians JAZZ/CLASSICAL/OPERA

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bit.ly/ArtsDirectoryMusic







#### **Charles Di Raimondo**

ocharlesdiraimondo.com ocharlesdiraimondo Charles DiRaimondo

Charles Di Raimondo is a former member of Canada's Three Tenors, and has performed professionally in Canada and the US. Charles has performed at The Living Arts Centre, Hamilton Place, TCU Place, Saskatoon, The Rose Theatre, The Toronto Centre for the Arts, and many more venues across the country.

Charles offers the exciting show, "The Music Of Andrea Bocelli" which he performed at ITALFEST two years consecutively. He and his all-star band take audiences through a magical journey of Andrea Bocelli's timeless classics, such as "Time to say goodbye", "The Prayer", "Perfect", and many more hits.

Charles and his band also offer, "The Classic Crooners Show". This show consists of all the greatest hits from Frank Sinatra, Dean Martin, Tony Bennett and many more, perfect for large functions and events!

He can also perform the Canadian and Italian National anthems.

#### PRICES\*

"Music of Andrea Bocelli" show: \$5,000 complete with band & PA.

This can be scaled down for a shorter show and scaled-down even further if performed without a band using background music tracks instead. Contact Charles for more information.

#### CONTACT

Charles Di Raimondo at charlesdiraimondo@gmail.com Phone: (416) 452-1434

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#### **Dionne R Grant**



📖 dionnergrant.com









📵 🚯 💟 🕒 @dionnergrant

Dionne R. Grant is a Canadian jazz singer, songwriter and musician. The release of her debut CD called I Met Him In New York, (December 2015) is a collection of an original song and standard jazz songs, sung in a style created by her own interpretations of jazz music. Dionne is currently working on original music for her second CD. It will comprise of gospel jazz, and some contemporary jazz songs mixed with a little swing, poetry and Afro-Cuban music.



Dionne currently performs her music and poetry at many events in the community and private engagements in the Greater Toronto Hamilton Area. Dionne is also a Registered Nurse and is employed at the largest School of Nursing Program in Ontario.

Dionne is able to sing solo and also sings in a jazz band, the Jazz Rangers.



#### **PRICES**

Solo with keyboard: \$150/hr. 2 hours for \$200

**Trio:** 1 hr for \$240. 2 hrs (2x 45 min sets) \$300. 3 hrs (3x 45 min

sets) \$360

Quartet: 1 hr for \$320. 2 hrs (2x 45 min sets) \$400. 3 hrs (3x 45 min

sets) \$420

Quintet: 1 hr for \$400, 2 hrs (2x 45 min sets) \$500, 3 hrs (3x 45 min

sets) \$525

#### CONTACT

Dionne at dionne.grant@ymail.com (647) 456-685

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bit.ly/ArtsDirectoryMusic



#### Stella Jurgen & Jazz Plazma







Jazz Plazma and Stella Jurgen is a four-piece jazz ensemble that plays a lighter style of jazz standards and modern tunes. They like to have fun while performing and devote their attention to the audience and the quality of their music.





Jazz Plazma offers a vast repertoire of varied jazz music that includes standards, latin bossas, tangos, etc. They perform in five languages and are flexible to customize their setlist and learn new tunes to entertain an audience for three hours. Jazz Plazma's main four-piece ensemble includes piano (keyboard), upright bass, percussion and vocal. They are also able to perform as a trio or as a duo depending on the need. Their music is perfect for public, private, corporate and fundraising events. They provide sound equipment suitable for indoor or outdoor settings. They do not need too much lead time for bookings, and are flexible, professional, and ready to perform on demand.

#### **PRICES**

Quartet: Starting at \$500 + travelling expenses outside of the

GTA. Includes 3 hours of performance.

Additional time: \$150/hour.

Optional Trio or Duo: Contact Jazz Plazma for an accurate

estimate.

#### CONTACT

**Stella Jurgen** at (647) 549–1728 or stella@17designs.com **Sergey Strakhov** at sergeystrakhov@yahoo.ca **Richard Best** at rwdbest@gmail.com

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**Rob Tardik** 









Rob Tardik is multi award-winning guitarist and contemporary pop/jazz/world/fusion instrumental music artist, who has performed at venues all across North America. Rob's last 10 CD recordings have spawned 6 U.S Billboard charting singles, two of which went to the Top 10 on U.S contemporary jazz radio. His recent awards include being a finalist and honorary mention in the 2019 International Songwriting Competition, winning the 2018/2007 Established Solo Music Instrumental Mississauga Arts Award (MARTY), and also placing 1st overall in the prestigious 2017 IAMA (International Acoustic Music Awards), and being named the 2010 Canadian Smooth Jazz Guitarist of the Year.

He is an active music/guitar professor at the MetalWorks Institute, Centennial College, Long-McQuade, and the Merriam School of Music, and a Godin Guitars and D'Addario endorsed artist for over 20 years.

**PRICES** 

Contact Rob directly for pricing.

#### **CONTACT**

Rob Tardik at rt@robtardik.com Phone: (416) 995-4408

# **Musicians** INDIE-FOLK

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#### Adina V





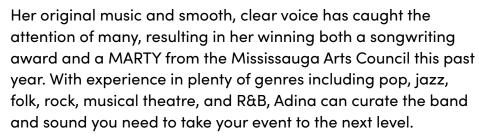








Adina V is a versatile vocalist, guitarist, and award-winning singer-songwriter. She recently graduated with honours from Humber College's Bachelor of Music program and has been performing both publicly and for private events in the GTA ever since.



Whether playing acoustic folk songs in an intimate cafe setting, singing sultry standards with a jazz trio for a cocktail party, or belting out greatest hits with a 6-piece wedding band, Adina's technique and tone make her a stand-out performer.



#### **PRICES**

\$250-\$2000\*

\*Pricing is dependant on the number of performers involved and the duration & location of the event. A general rule is a \$250 minimum per performer, which includes rehearsal and travel time. There is a small fee (\$25-50) for any specific song requests. Exact pricing will be discussed with each individual client based on their needs.



#### CONTACT

Adina V at xx.adinavlasov.xx@gmail.com (416) 543-3425

# Musicians **FOLK**

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#### Wilson & The Cast Aways



🌑 wilsonandthecastaways.com 🛮 🚱 🔘 🗘 @watcamusic





Two-time Mississauga Music Award nominees Wilson & The Cast Aways are an indie-folk trio, playing original and cover songs with unique arrangements and acoustic instruments. Family friendly, story songs, great for an intimate gathering of focused listening, or background entertainment.

They are constantly performing live music in a variety of venues and unique/private settings. Examples include Wintersong Music Festival, Battaglia's Charity BBQ for Sick Kids, Furlani Grilled Cheese Challenge, PAMA Thursdays: Retro Rewind, Mississauga Music Week and more.

#### **PRICES\***

A standard Private or 'House' Concert entailing a one-hour performance from band + provision & setup of A/V equipment (PA suitable for small gathering of up to 75 people) costs \$300 - 450.

All costs open to negotiation based upon scale of event & any perks to the band involved (i.e. food, lodging, opportunity to sell merch, video/photography of performance, etc).

Wilson & The Cast Aways are a versatile group of musicians interested in helping YOU make the most of your event.

#### CONTACT

Andrew Wilson at hello@wilsonandthecastaways.com Can also be contacted through website form at wilsonandthecastaways.com

# **Musicians COUNTRY**

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#### **Bree Taylor**





📵 🚯 @breetaylorofficial





© @breetaylor

Singer-songwriter and chart topping country singer Bree Taylor is a force to be reckoned with on and off stage. Combining the sounds of pop and country with a rock and roll edge, Bree Taylor brings raw and emotional honesty to her lyrics and is excited for the opportunity to bring her upbeat, dynamic and powerful performance to your stage. She has been performing professionally since 2016 and performs acoustically, in an acoustic duo, or as a full band depending on your performance needs.



#### PRICES\*

Rough estimate:

• Duo: \$400-\$600 Trio: \$600-\$800 Full Band (4-5 piece): \$1,400-\$2,500+

\* All prices include Bree Taylor (the performer), but costs vary depending on accompaniment and length of performance. If sound/PA and/or lighting are required to be provided by the performer it would be available at an additional cost. Travelling expenses required if outside Ontario.



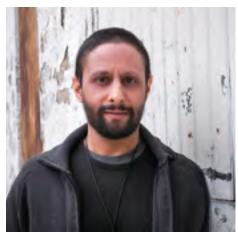
#### CONTACT

Bree Taylor at breetaylorofficial@gmail.com Phone: (416) 522-4662

# **Musicians** HIP HOP

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#### Vivek Mehmi











🌑 vivekmehmi.com 🛮 📵 🔘 @vivekmehmi 🔼 @VivekMehmimusic

Vivek Mehmi utilizes musical expression as a way of healing. When faced with a life-changing illness, he was forced to examine the darkest and most challenging parts of life and transmute them with his art. It became a much-needed cathartic outlet to cope with the hardship and transition he faced and still continues to battle. Through this process, he began composing inspired songs that now serve as guidance for others seeking wellness and purpose.

His performances are inspirational, entertaining, and in addition, he can also facilitate workshops/discussion on improving health.

#### **PRICES**

\$400 for 30 min-1hr music set and/or talk

#### CONTACT

Vivek Mehmi at vivekmehmi@gmail.com Phone: (416) 937-5522

# Musicians INSTRUMENTAL

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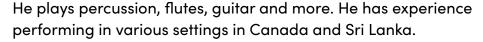


#### Philoso7her



@philoso7her

Philoso7her (aka Chamil) is a Mississauga-based musician and producer. He is a primarily self taught artist who likes to work with his intuition. His love for music and rhythm began at a young age, and has since progressed into a multi-instrumentalist passion.



He currently plays for bands Tangled and BluPrint while also producing under his brand Philoso7her.



#### **PRICES**

Please contact for a quote.

#### **CONTACT**

Contact Chamil at philoso7her@gmail.com Phone: (416) 834-4400



# Musicians INSTRUMENTAL - VIOLIN

Want to listen to our artists?

Click here or visit

bit.ly/ArtsDirectoryMusic







#### Viera Zmiyiwsky





@vierazmiyiwsky



@vieraz5742

Viera Zmiyiwsky is a classically trained violinist who has performed regularly across Canada and the USA. She graduated with a Bachelor of Music in Performance from the University of Toronto, and studied violin at the University of Indiana under Joseph Gingold.

She has performed for The Children's Aid Foundation of Canada, TIFF, Mercedes Benz, Legends Row, IKEA, University Club of Toronto, Desjardins Insurance International, ReMax and The Peel Law Association, to name a few. She has performed internationally in the USA, Germany, France and Italy.

When she is not performing, Viera enjoys composing film scores. Her recent soundtrack "The Mother Wound" has received international recognition at the South Asian Film Festival and Los Angeles Independent Film Festival.

#### **PRICES**

\$100-1000.

Includes a custom playlist and equipment.

#### CONTACT

Viera at vieraviolin@gmail.com (416) 571-7464

# Musical Services LISTEN & LEARN

Want to listen to our artists?

Click here or visit
bit.ly/ArtsDirectoryMusic



#### **Deep Ganguly**





Deep Ganguly is a Bansuri bamboo flute musician, writer, speaker, and teacher of the Indian Classical music genre. Deep is known for his niche series, Bird Flutes and World of Flutes, which explore the multitude of flute sounds from all over the world. Deep offers a unique display and demonstration of a collection of these flutes, including: Chinese, Indian, Inca Death whistles, Bird Flutes and more!



#### **PRICES\***

A 45-60 minute show of fun and exploration: \$500. Deep is also available for flute performances, please contact him for a quote.

\*Selected flute collection display is subject to space available, distance travelled, etc. Contact Deep for more information.



#### CONTACT

Deep Ganguly at bansibhai3@gmail.com Phone: (416) 988-8427

### **Musical Services** RESILIENCE THROUGH MUSIC

Want to listen to our artists? Click here or visit bit.ly/ArtsDirectoryMusic





### **Take Your Power Back** with Rob Tardik & Kimberley Black



The multi-award-winning Rob Tardik band & special guests, featuring survivor & keynote speaker, Kimberley Black, will take the audience on a journey of overcoming trauma, building resilience, and inspiring hope through the art of dance, storytelling, and music.

**Take Your Power Back** will feature Kimberley's miraculous story of her survival of attempted murder in the midst of the pandemic and promote the beauty of humanity in times of crisis through illustrations of the community support and love received. The audience will be inspired with ideas of how they can help others, and themselves, to take their power back.

Set to new music by the multi-award-winning Rob Tardik band, including B Positive, the song written by Rob in recognition of Kimberley's resilience and positive spirit, along with interludes of choreographed dance performances, the audience will be inspired to take their power back. Featuring special guest Latin singer-songwriter Amanda Martinez, and blues & soul vocal artist Sandra Bouza.

#### **PRICES**

Please contact for pricing.

#### CONTACT

Rob Tardik at rt@robtardik.com Phone: (416) 995-4408.

# Performers CHARACTER ACTORS







#### Kim's Cast of Characters







Successfully operating as a business for the last 30+ years, Kim's Cast of Characters supplies performers to almost every agency around. Known for professionalism and the quality of talent offered, Kim now runs her company with daughter Cheyenne.

They specialize in making every party memorable. Their performer roster includes stilt walkers, jugglers, Santa, fortune tellers, henna artists... so much more! Malls hire them repeatedly for "camp" shows, such as Pop Star camp, Spy camp, Wacky Science camp and many more. Also hugely popular are all the characters they supply for Christmas parades and parties – Mrs. Claus, Santa, elves galore, Rudolph, Frosty, Gingerbread Man and lots more. Easter bunnies! Halloween!

Chances are great you have seen Cheyenne or Kim at all the popular venues. They also both also share the duties of being GO Transit's mascot, GO Bear.

#### **PRICES**

Please contact Kim for a quote. Cost depends on the type and amount of characters.

#### CONTACT

Kim Cayer at kimscharacters@bell.net Phone: (416) 618–2012

### **Performers** POETRY PERFORMANCE/WORKSHOPS



#### **Beth Lexah**



bethlexah.com





@bethlexah



@Catherine9Alal

Beth Lexah uses her gift to forge connections that transcend cultural boundaries.

Her studio recorded album, "9:19," showcases her ability to intertwine rhythm, cadence, and poignant narratives. She offers Spoken word services through set performances, workshops, poetry event organizer and visual design.



With a passion for storytelling and an unyielding desire to evoke introspection, Beth is an accomplished author, known for her poetry book collection, "Spilt Milk." Her prose gracefully explores themes of vulnerability, resilience, and personal growth.

Beth's pursuit of knowledge led her to graduate from university with a degree in business, building upon this foundation, she further honed her analytical prowess by attaining a master's degree in analytics from Queens University. This unique blend of artistry and analytical thinking allows Beth to bring a fresh perspective to her creative process, resulting in a dynamic fusion of intellect and imagination.



#### **PRICES**

40-minute poetry set: \$200 - \$250

2-hour poetry workshop: \$300

Design and event organizing services: \$350 - \$850

#### CONTACT

Beth Lexah at info@bethlexah.com

Phone: (647) 706-9841

# Performers POETRY & VISUAL ARTS



#### Caterina Sauro





Caterina Sauro is a multi-faceted artist and self-published author based in Mississauga, ON, with a mission to create homes for human connection through visual art and creative writing, both in person and virtually.

She offers custom artwork, book cover designs, poetry performances, live painting and paint party hosting.

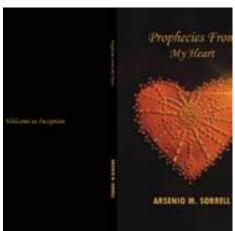


#### **PRICES**

Can range anywhere between \$100-\$1900. Pricing is completely dependent on the service requested. Please reach out with your request to confirm pricing at that time.

#### **CONTACT**

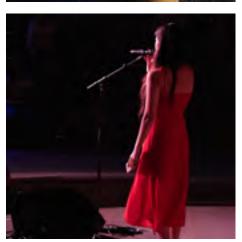
Caterina Sauro at caterinasauro3@gmail.com (647) 224–2101



# **Performers** POETRY PERFORMANCE/WORKSHOPS







#### Lisa Shen



🔲 lisashen.ca





@ itslisashen

Lisa Shen is a writer and spoken word artist, and the Youth Poet Laureate of the City of Mississauga. Her work centers on feminism and gender-based violence, with secondary focuses on Chinese-Canadianism, disability, and queer identity.

Lisa placed second in the country at the 2023 Canadian Individual Poetry Slam. She is the winner of the 2021 Mississauga Poetry Slam, the 2022 Ink Movement Slam, and the May 2020 Open Drawer Poetry Contest. Her work has been featured on Rattle, CBC Metro Morning, and Voicemail Poems. Lisa is the Director of Sauga Poetry, Mississauga's hub for spoken word events.

Services provided: spoken word performances (10-30min), Q&A sessions, writing/performance workshops, poetry courses, 1-on-1 mentorship, editing services, etc.

#### **PRICES**

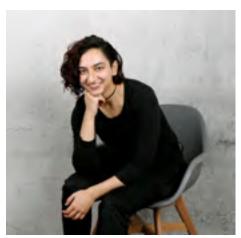
Spoken word performance (10-30min): \$250-\$350 Poetry workshop (1-2 hours): \$250-\$350 Mentorship/editing: \$30-\$50/hour

Rates are subject to change. Discounts may be available for nonprofits/schools.

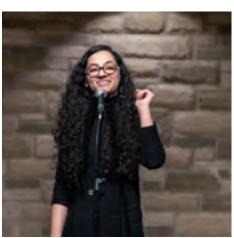
#### CONTACT

Lisa Shen at lisa.w.shen@gmail.com

# Performers POETRY PERFORMANCE/WORKSHOPS







#### **Qurat Dar**





@QuratD

Qurat Dar (she/they) was the City of Mississauga's third Youth Poet Laureate (2021–2023) and the 2020 Canadian Individual Poetry Slam National Champion.

Qurat has done over 40 feature performances of her poetry on stages across Canada since 2018, performing at venues such as the Buddies in Bad Times Theatre, The Rose Theatre, The River Run Centre, Ted Rogers Hot Docs Cinema, and Celebration Square. She's led writing and performance workshops, emceed for crowds big and small, and had work exhibited in the Art Gallery of Mississauga, the Bradley Museum, the Small Arms Inspection Building, and in virtual reality.

Services provided: spoken word poetry performances, writing workshops, emceeing, commissioned poems

#### **PRICES**

\$350-\$600.

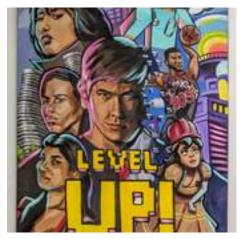
Qurat asks CARFAC fees for any kind of performance, presentation, or facilitation, which is a \$335 flat rate per half day (less than 4 hours) or a \$591 flat rate for full day (over 4 hours).

For commissions, please get in touch for a quote.

#### CONTACT

Qurat at qurat15@gmail.com

# Visual Arts MURALISTS







#### **Murals with MAC**

www.mississaugaartscouncil.com/programs/murals-with-mac

#### **ABOUT**

Easy, full service Murals with MAC is a public/private beautification program putting local professional artists to work transforming plain office walls into art sites with inspirational and colourful works that animate spaces into engaging places, connecting them to the company, employees and customers, with creative representations that celebrate the best of their corporate community and culture.

Art in the workplace reduces stress, boosts productivity and enriches creativity. Major surveys on benefits of art in the workplace found:

- 94% thought art enhances the work environment
- 84% thought it shows interest in improving quality of life in the workplace
- 78% of respondents thought art reduces stress in the workplace

#### **PRICES**

Cost is determined by square feet, \$21 per square foot for a medium ranged artist and may go up to \$40 or more for a top artist. Murals with MAC will work with clients to determine the best solution to meet the needs of their special project.

#### **CONTACT**

Jacqueline Mak, MAC Creative Director & Strategist: jacqueline@mississaugaartscouncil.com











Karen's philosophy and vision is to provide fun, inspired creative activities for all ages to explore their creative side and reveal their hidden artist or talent. She offers an opportunity for selfexpression in sketching, drawing, painting, and workshops that require no previous artistic experience. She encourages each individual to paint and draw what inspires them and become their own artist.



#### Services include:

- Painting & Drawing Lessons
- **Acrylic Pour Workshops**
- Guided Painting Workshops and Paint Nights
- **Art Therapy Workshops**
- Art Activities in painting, drawing and painted clay



Ranges from \$100-\$550 depending on particular workshop.



Prices include all the materials provided for the particular lesson or workshop. Materials as follows per person: Canvas, brushes, paint, apron, rinsing water container, tabletop easel, plate palette, pencil, rag for wiping off brushes.

Also included is the guidance and instruction to complete the desired composition.

#### CONTACT

Karen Colangelo at karen@karencolangelopiantings.ca (416) 294-3085





#### Khaula Siddique



Khaula Siddiqueis self-taught, award-winning visual artist working with resin, spray, acrylic paint and digital media. Inspired by the natural world as well as the nature of people, she loves bringing art with a message to the community through art activities, public art and unique exhibitions. A true believer in the therapeutic benefits of art, she works with not-for-profit organizations to bring art to the community. Her public art can be seen around the GTA, and her work is part of public and private collections around the world.

#### PRICES\*

- Online Sessions: \$250 / session
   Sessions usually last 45–60 minutes. All participants are responsible for their own supplies, a material list and instructions will be provided ahead of the paint session date. The organization usually hosts the Zoom event. If Khaula is hosting the event, the session would be \$300. Unlimited number of participants.
- In-Person Sessions: \$30-35/participant.

  Khaula will supply all the art materials. Cost varies slightly with distance of the venue. Sessions are usually 1.5 hours but may last longer. Max. participants: 24

#### CONTACT

Khaula Siddique at khaulamazhar@yahoo.com Cell: (289) 937-6414

<sup>\*</sup>Please note costs do not include HST.



# Art Exhibition @ Espacio Art Gallery , London UK

### Mehreen Hasan





@mehasan123

After obtaining a Master's in Fine Arts, Mehreen Hasan received Contemporary painting techniques/Ceramics certifications from Chelsea College, University of Arts London. Mehreen is a certified Portfolio Development and Islamic Geometric Patterns Instructor from Virginia Commonwealth University, Qatar.

Mehreen has represented Qatar as a resident artist in various art exhibitions held in Europe, Asia and Middle East. She is also associated with numerous art galleries and institutions.

Mehreen is an experienced arts educator, and is interested in offering group drawing and painting sessions. Sessions will include various contemporary painting techniques, like mixed media, the use of fabric and thread, paper, linocut printing, and hand-building ceramic tiles and pottery.

#### **PRICES**

Please contact for a quote.



Live painting @Qatar Art Festival

#### CONTACT

Mehreen Hasan at meheensart@gmail.com or (647) 514–9580

### **Visual Arts INSTRUCTOR/FACE PAINTING**







#### Nisreen Askar





(iii) @nisreenartstudio

Nisreen Askar is a multidisciplinary artist living in the city of Mississauga. She has received numerous accolades and awards. Nisreen studied Fine Arts at Sheridan College and graduated with Honours and has a Visual Art Diploma from the ICS Canada. She is an active member of Mississauga Arts Council, Art Gallery of Mississauga, and Visual Arts Mississauga, and has participated in many art group and solo exhibitions. Nisreen teaches visual arts and craft in many different styles, techniques, and media. She offers live painting events and face painting.

#### **PRICES**

Cost varies depending on number of participants, travel distance to event, and the type/length of service provided.

On average, a face painting or craft session costs \$75-\$125/hour.

Please contact Nisreen to discuss fees and costs for her services.

#### CONTACT

Nisreen Askar at nisreenart@yahoo.com Phone: (647) 241-1141

Nisreen Arts Studio Unit#203 - 268 Lakeshore Rd E Mississauga, ON L5G 1H1



#### **Queti Azurin**







Queti Azurin is a visual artist, maker and art and craft instructor. She offers painting and craft workshops to corporations for team building activities. Creative workshops are a great stress reliever and great for employee bonding time that fosters connection and synergy among team members. Participants come out of workshops encouraged and inspired by the process.



#### **PRICES**

Contact Queti directly for pricing.

#### **CONTACT**

Queti Azurin at info@quetiazurin.com Phone: (647) 926-5593

### **Visual Arts INSTRUCTOR - TEXTILES**



#### Sandra Clarke







🌑 sandraclarke.ca 🛮 🚯 @sandraclarke.ca 🔎 @sandra.clarke.canada

Zero-waste artist and educator Sandra Clarke creates and teaches contemporary art and craftwork with traditional, reclaimed materials resulting in function and beauty. Sandra is a Craftivist. Craft + Activism = Craftivism, a gentle form of voicing one's advocacy of important social and environmental issues. The power of optimism and meaningful causes are manifested in her artwork and creative workshops.



#### **PRICES**

#### **Lunch Hour Visible** Mending Workshops

- \$30 per person, all materials included
- Minimum 5 participants

Visible mending is a hand sewing technique using stitches, embroidery, and weaving to repair or embellish fabric, clothing, or textiles where the mend is visible. It is a beautiful way to say that you care about extending the life of your clothing and textiles. Participants can bring their own clothing or use the provided fabrics, needles, threads, and embroidery floss to create a patch that can be used to repair clothing.

#### **Contemporary Improv Quilt Team Building Workshop**

- · No experience necessary
- 3 hour session at your facility, all materials included, \$900 total

Participants learn basic hand sewing techniques to piece together a quilt block (6 to 12 inch fabric square). Hand sewing provides participants with a relaxing activity while learning a practical skill.

Once the improv quilted blocks are complete, Sandra will sew them together, add the backing, quilt the top, add a border, and return the finished quilt to you. This team building project looks great hanging in your reception, board room, or common area.



#### CONTACT

Sandra Clarke at sandra@sandraclarke.ca Phone: (416) 993-9718







#### **Angela Chao (Mindless Doodles)**







Award-winning visual artist and muralist Angela Chao uses art to communicate and process her emotions arising from her head injury. Angela is committed to sharing her concussion experience to help others overcome their own darkness with a passion. When she paints, her subconscious is speaking what she cannot express through words. Painting is her form of communication.

Angela is currently the Programs Manager at StyleWorthy Studio in Streetsville, Mississauga. This studio is focused on bringing creative workshops featuring arts, music, and poetry/writing to improve our mental health and bring more accessible support programs to the community.

#### **PRICES**

- Watercolor painting instructor:
   \$250/hour over ZOOM, up to 50 people
- In-person at StyleWorthy Studio:
   \$15/person 10 people minimum booking, 12 people max.
   StyleWorthy is located at 8 Maiden Lane, Streetsville.

#### **Mural Artist**

Painted on site based on style, color and music choice.
 Will work with client on drafts and revisions of mural with digital images. Cost determined by size of wall and project time frame.

#### CONTACT

Angela Chao: angelachaobella@gmail.com

### **Visual Arts ILLUSTRATION AND DESIGN**





#### **Frank Bailey Graphics**







I operate Frank Bailey Graphics producing full service freelance, graphics and brand development of all kinds. I create cartoons and caricatures for companies and individuals I also have completed assignments for the Sports, entertainment, non-profit fields. Book and Magazine graphics, Health Care, promotional, Real Estate and Product illustration. I deal directly with my clients from conception through to prepress.





#### **PRICES**

I have people call me in the past and say things like "how much would you charge to draw my car?" Those same people would never phone a garage and ask how much to fix my car without bringing the car to the garage and letting the mechanic see what needed to be done before he could give an estimate.

The same principle applies in my line of work. Each job is unique by its complexity, usage and budget. If you are up front about your budget and your needs we can usually find away to make it work.

Once we decide on a price I usually ask for a deposit to get started in earnest on your project. I have found that a mutual investment in the job makes it go smoother for both parties.

#### CONTACT

Frank Bailey at frank@frankbaileygraphics.com Phone: (905) 271-2286

# Visual Arts ILLUSTRATION & DESIGN





#### Joseph Osei Bonsu

joeoseibonsu.com

Joseph has always been fascinated with visual arts. He drew inspiration from comic books and animated shows he watched growing up. This fascination led him to enroll in Sheridan College's Art Fundamentals program and Seneca College of Applied Arts and Technology's Digital Media Arts and 3D Animation program. Joseph has lent his talents to companies such as CBC, CIBC (The Canadian Imperial Bank of Commerce), TD Canada Trust, ArtXperiential, and The City Of Toronto.

Joseph is also the co-founder of Heroes of the World, a comicinspired brand he created with his long-time friend Mark Williams. The brand features heroes and villains representing different countries around the world. Additionally, Joseph illustrated the children's book Race With Me, written by famous Canadian Olympic sprinter Andre DeGrasse and Robert Budd.

With HOTW Studios, our services include illustration, graphic design, and comic book art.

#### **PRICES**

Rates begin at \$750. Prices vary based on the project. Contact Joseph for more information.

#### CONTACT

For Joseph: joebonsu@gmail.com

For Heroes of the World: info@hotwstudios.com

Phone: (416) 450-9108

# Visual Arts ILLUSTRATION/CARTOONS







#### **Pam Rose**





Pam Rose is a long-time cartoonist and 1987 alum of Sheridan College's animation program. Most recently, Pam has been known for her artbooks, 'Pamtoons', which are collections of personal sketches created during the pandemic.

Pam is able to offer quick live cartoon sketches at events, cartoon drawing instruction to kids/adults, and is a regular market vendor here in Mississauga where she sells her illustrations as both prints and originals.

#### **PRICES**

Please contact Pam for a quote.

#### **CONTACT**

Contact Pam Rose at pammy62ca@yahoo.ca (905) 275–3695

### **Visual Arts CREATIVE PHOTOGRAPHY**







#### **Candace Cosentino Photography**







@candacecos

Candace Cosentino is a freelance photographer and visual artist specializing in commercial photography, creative photography campaigns, portraits and dynamic product photography.

By blending elements of surrealism and feminist pop-culture, her photography and artwork is not only aesthetically pleasing, but conceptual, current and informed. By creating with an aesthetic that is unique to her, this helps uplift her client-base with diverse and informed visuals; a great photograph is one that captures emotion and tells an authentic story.

In addition to her commercial photography and artistic practice, she is deeply community driven. Behind the scenes, she is currently in the works of developing Cos Studios; a safe and encouraging space for the LGBTQ+ community and local creatives to connect, collaborate and grow together.

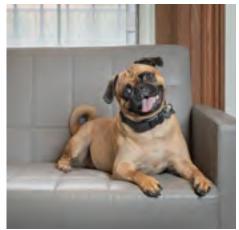
#### **PRICES**

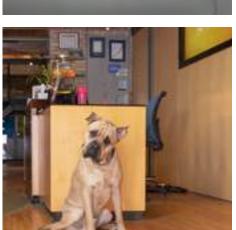
Custom quotes are provided for each project to tailor the perfect approach for clients' individual needs. Rates begin at \$500 +HST.

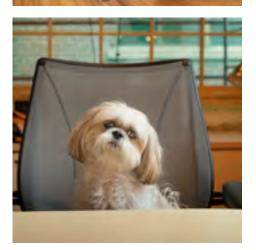
#### CONTACT

Candace Cosentino at cosentino.photography@gmail.com (647) 225-1228

# Visual Arts IN-OFFICE PET PHOTOGRAPHY







#### dog@work



dog@work is *the* event for your pet-friendly workplace! Engage your employees during internal implementation days or client events by having their dogs and cats photographed onsite. Employees will thank you for photos of their best friend, and you will have drool-worthy imagery for internal communications and marketing materials.

dog@work is run by animal and pet photographer Karen Weiler.

#### **PRICES**

All events are quoted individually based on client requirements.

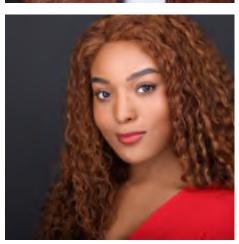
#### CONTACT

Karen Weiler at karen@karenweilerphotography.com Phone: (416) 568–2547

For examples, see the website: karenweilerphotography.com/dog-at-work-toronto-photographer-2/

### **Visual Arts HEADSHOT PHOTOGRAPHY**





#### Vanessa Burns Photography





@vanessaburnsphotography

Vanessa Burns has spent many years in front of the camera as a Television and Film actor and has a real understanding of what goes into creating a headshot that will get you noticed for all the right reasons!

As we know - headshots are no longer just for actors! Everyone needs a professional headshot for their social media accounts and business needs. Using a selfie on LinkedIn or your company website is simply not acceptable if you want to be taken seriously. Vanessa has learned her lighting techniques from one of the world's top headshot photographers and this allows her to create the high-end image you will want for your profile.

Vanessa Burns offers on site services so that you can offer headshots at your next company event. This is a great way to get a consistent look for your business in the digital world!

#### **PRICES**

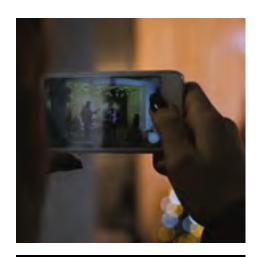
On-site fees vary depending on location/venue, and number of individuals.

Please contact for a quote.

#### CONTACT

Contact Vanessa Burns at info@vanessaburnsphotography.com

# Visual Arts MOVIE-MAKING AS A TEAM



#### Video Production | 1st Stage

 Pre-Production - is the planning process and execution of every task that must take place before production begins. It usually begins once the script is finished, but for this project we will include acrast development.

In high level filmmaking where budgets are large, planning is everything

### Composition & Design | The R

- The rule of thirds is a simple technique where designers divide their designs up into three rows and three columns, and at the points where the vertical and horizontal lines meet is where your focal points should be.
- By placing focal points at each line intersection, his design is made striking and effective.







#### 1-Minute Mysteries with Vik Moudgill

Vik Moudgill is a Cinematographer and Editor working in the online Video Creator space for 12+ years.

As a Resident Artist at the Living Arts Centre, Vik found a passion for teaching Filmmaking to students of all ages. Vik teaches the steps and provides the tools to enable the essential storyteller in all of us to emerge.

Vik's 1-Minute Mysteries is a team building exercise where members all participate in writing, planning and executing creating a mystery film with any handheld device, no editing required. Each member must participate in writing, filming or acting. In the end, groups will solve each others mysteries.

#### **PRICES**

#### **Development of Program**

• Time required: 5 hours

• Cost: \$50/hour

= \$250

#### **Facilitation of Program**

Time required: 1.5 hours

Cost: \$150/hour

• = \$225

#### CONTACT

Vik Moudgill at vikmoudgill@gmail.com Phone: (647) 831–1783

### **Visual Arts** PROFESSIONAL COACHING FOR CREATIVES



Are you ready to take your creative practice or business to the next level or a new direction? HRIS MITCHELL life, Career & Professional velopment Coaching Artists and Creative:

#### Chris Mitchell





chrismitchell-lifecoach.com 📵 @chrismitchell\_coachescreatives

Chris Mitchell (BFA, Internationally Accredited Professional Certified Coach (PCC), Certified Professional Co-Active Coach (CPCC) through the Co-active Training Institute®) offers life, career, and professional development coaching for creatives. Ready to take your creative practice/career/business to the next level or a new direction? Results oriented support to clarify your direction, goals and take action. Cultivate confidence, creativity, mindset and focus. Chris offers customized individual coaching, group coaching programs, and workshops.

Chris has worked with: Arts Etobicoke, Artscape Daniels Launchpad, Craft Council of British Columbia, Craft Ontario, DesignTO, Mississauga Potters Guild, Robert McLaughlin Gallery, The Steps Initiative, Toronto Outdoor Art Fair, Woodstock Gallery, Workman Arts, York Region Arts Council.

#### **PRICES**

Individual Coaching from \$895/6 sessions Group Coaching from \$165 per person/4 sessions Workshops from \$300

Visit chrismitchell-lifecoach.com for details on individual coaching, group coaching, and workshops.

#### CONTACT

Chris Mitchell at chrismitchell.lifecoach@gmail.com

### Movement DANCE/THEATRE



#### Frog in Hand



froginhand.com





**M** @froginhand

Frog in Hand is Mississauga's only site-specific dance-theatre company. For 10 years they have been crafting unusual performances in exciting locations, frequently outside of a traditional dance studio or theatre. Their mandate is to create, perform and teach dance works that tell a story, and they have built a vibrant and diverse community of professional artists with distinctive backgrounds.



For your next corporate or team-building gig, Frog in Hand will offer a totally unique experience, tailor-made to suit your needs. Our offerings include welcoming workshops in acting (scene study, improvisation, introduction to acting), team building dance workshops (partnering exercises, fun choreography to suit beginners), and even exclusive VIP performances (watch one of their works and meet the artists for a post-show Q&A, or a pre-show chat with the creative team).



Depending on our performance schedule, shows and offerings may vary. Frog in Hand are experienced arts educators who are ready to meet you where you are at and create a custom experience your team will be talking about for years to come!

#### **PRICES**

\$25-\$50 per participant, per workshop (negotiable, please contact Frog in Hand).

#### CONTACT

Email Frog in Hand at froginhand@gmail.com.

# Movement **DANCE**







#### **Blueheel Dance Studio**









Blueheel Dance Studio provides dance lessons in Latin & Ballroom social dancing in a vibrant environment that helps enhance a person's lifestyle and wellbeing. Blueheel has built a reputation of excellence in delivering dance instruction, hosting showcase performances and corporate events that invite creativity and imagination.

We have used dance as an excellent team building tool that helps push personal boundaries and demonstrate the value of team. Our experience includes team building workshops for Microsoft, Whirpool Canada, World Vision Canada and Scott Street Mission.

Blueheel is an active part of the community, strongly believing in giving back through participation in fundraising, scholarship programs, and supporting youth. Blueheel's repertoire includes many outstanding performances in showcases and co-productions with community and theatre organizations such as CreativeHub 1352, Frog in Hand and Community Foundation of Mississauga.

Blueheel offers a refreshing, fun approach to learning Latin, Ballroom dance & more!

#### **PRICES**

Private lesson for single or couple: \$110 Group lesson: \$25

#### CONTACT

Caroline Augustin at info@blueheel.ca Phone: (905) 274-3262

# **Arts & Wellness ALL ART FORMS**

#### **Artists in Momentum (AIM)**



🗐 artistsinmomentum.com 🎧 @aimforbreakingthemould 📵 @artists\_inmomentum





#### CORPORATE ENGAGED ARTS

Centred around mental health, the key element surrounding delivery and success of the programs is the shift from passive to active participation. An inclusive and collaborative arts experience, the sessions are designed for participants to reflect, while engaging in creative self expression. Anchored in innovative exposition, attendees are encouraged to explore their innate creative skills, through diverse art forms.



"The workshop "Let's Reflect on Mental Health" that Anna recently facilitated for Ascend Canada is just one of many illustrations of her commitment to furthering mental wellness through her organization, Artists in Momentum."

- Anuja Sheth, SVP Technology Svcs, Bell Canada.

#### **PRICES**

Duration - 60 minutes (includes 3 artforms)

Cost - \$750 for 15-18 participants (in-person), up to 50 (Zoom)



Available Art Forms:

- Visual Art
- Movement
- Music

- Story Telling
- **Theatre**
- Journaling

\*Add \$150 per 30 minute increment to program, and can include an additional art form

#### CONTACT

Anna Silgardo, Artists in Momentum Founder at (416) 319-2783 or artists@artistsinmomentum.com

# **Arts & Wellness** ART THERAPY AND COUNSELLING



#### **Marie-Line Hurley**

(a) @marilou.hurley

**LinkedIn: Marie-Line Hurley** 

Marie-Line Hurley aka Marilou is a multidisciplinary artist living in Mississauga for the past 25 years. She is a Certified Clinical Social Worker specialized in addiction and mental health, and has experiences in school boards, healthcare, and the community. Marie-Line is fluent in English, French, Basic Spanish, and Caribbean (Patois).

Marie-Line grew her resilience and passion for art and wellness after a terrible car accident that greatly influences her art practice today. A lifelong learner, Marie-Line has taken Board Leadership and Art Management at Sheridan College in 2004, and received a Fundraising Certificate in 2006-2007. She graduated in 2009 in Community Services and Addictions. She also received her Bachelors of Art and an Honor of Bachelors of Social Work.

Marie-Line offers Group Art Therapy, Addiction Counselling, practice Psychotherapy & Motivational interviews to youth, adults, and families. Marie-Line explore new ways to help people overcome their challenges in a safe place for healing and integration into better mental health.

#### **PRICES**

Please contact Marie-Line for a quote.

#### CONTACT

Marie-Line Hurley at marieline\_hurley@yahoo.ca

### **Arts & Wellness WELCOMING STUDIO SPACE**

#### StyleWorthy Studio



styleworthy.ca





@style\_worthy



A peaceful workspace and studio to offer to Creatives & Artists alike: Artist Workshops, Exhibit Artwork, Meetings, private Events, Workshops and more!

#### Studio 1400sq ft:

- 2 @ 100" x 67" white tables
- 8 x white chairs
- 6 x white folding chairs
- Washroom access
- Own entrance

#### Shop 1000 sq ft:

- 2 @ private rooms 15' x 10'
- Office desk with chair
- · Lounge area
- Treatment/Focus Room
- Content reation Equipment

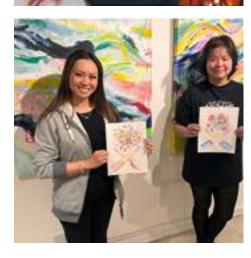
#### **PRICES**

#### Studio Private Event Investment

- \$150 (3 hour minimum)
- \$45/hour there after
- Full Day (8 hours): \$450
- 14 person seated capacity in studio
- 50-60 person standing in studio/shop

#### **Private Room Investment** LAS FLORES & THE MEADOW

- \$25/hour
- \$150/7 hour day
- \$500/month for 28 hours
- Based on own client base and no marketing.



#### Want to display your art for a month?

Must hang and repair 20' wall space \$500: Complimentary 3 hours to host open house

#### CONTACT

Jennifer Rabanillo at hello@styleworthy.ca (226) 444-8652

# Arts & Wellness VISUAL ARTS



#### Karlene Bland



Karlene is an artist who balances between creating her own artwork, art services (including murals), commissions (houses, pets, people, landscapes, etc), painting at weddings, corporate parties, and sharing the joy of creating artwork with others. Karlene hosts paint parties, therapeutic art classes in person or ZOOM, and team building through fun, collaborative art creation.



Karlene is currently teaching with the Oakville Art Society and Options Mississauga. She is the Coordinator of the Oakville Community Outreach Art Program in partnership with the Oakville Arts Council, facilitating art sessions for differently abled students, seniors in retirement homes, individuals with dementia, newcomers group, brain injury services, and at-risk youth.

#### **PRICES**

Generally \$20-\$45 per person for a 2-3 hours session or a group rate depending on number of participants, with/without art supplies, length of time, venue, etc.

#### CONTACT

Karlene Bland at blandk@gmail.com Phone: (905) 815–1783

# **Arts & Wellness VISUAL ARTS**



#### **Netta Ussyshkin**



martyshub.com/user/netta13

LinkedIn: netta-u

Netta Ussyshkin is an illustrator and therapeutic arts practitioner in Mississauga. In her practice, she uses multimedia art to facilitate creative expression and social connection in community settings. Netta has 10+ years facilitating creative recreation programs, and 5+ years professional experience in mental health research.

#### **PRICES**



#### Option A: 8-Week Curated **Program "Inspiring Connection** and Expression"

- 1 hour session per week, closed group, registration and intake process
- 5 or 10 Participants
- Content: Guided Art-making with visual & auditory prompts
- · Media: Pencil, Marker, Oil/Chalk Pastel, Acrylic, Watercolour, Collage
- 10 participants: \$1200
- 5 participants: \$800

#### **Option B: Drop-In Sessions** "Art, Music, Mind & Body"

- 1 hour session, open group, book in advance
- Up to 10 Participants
- Content: Guided Art-making with visual & auditory prompts
- Media: Colour Pencil, Marker, Oil/Chalk Pastel, Acrylic, Watercolour, Collage
- Regular Class Fee: \$300

#### Trial Class "Introduction to the Therapeutic Arts"

- One-time trial offer per client or company to encourage arts-based programming
- Trial Class Fee: \$150

#### CONTACT

Netta Ussyshkin at netta332@gmail.com. Phone: (437) 345-6757

# **Arts & Wellness CREATIVE WRITING**











Susan Ksiezopolski is an award-winning writer of two poetry books My Words, Writing for Change, and two writing aides The Writer's Workbook and Fuel Your Creativity. Her poetry has also been featured in various anthologies, the Canadian Immigrant Magazine, Alt-Minds Magazine and FreeLit Magazine as well as on various other online platforms.



A graduate of Humber School for Writers, Susan, under the name WriteWell, has developed and delivers expressive writing workshops across the GTA. WriteWell offers a range of creative workshops. A variety of arts based activities are incorporated, aimed at promoting wellbeing through the power of writing. Workshops support development of communication skills for self-expression and personal growth.

#### PRICES\*

#### WriteWell Creative Workshops

- \$250 for one hour session
- \$750 for half-day program
- \$1,500 for full day program

\*Customizable based on organizational needs



#### CONTACT

Susan Ksiezopolski at info@mywordsnow.com



# Arts & Wellness POETRY







#### **Anna Yin**







Anna Yin was Mississauga's Inaugural Poet Laureate from 2015–17 and has authored five poetry collections and one collection of translations: *Mirrors and Windows* (Guernica Editions 2021). Anna won the 2005 Ted Plantos Memorial Award, two MARTY Awards, two scholarships from the USA and grants from Ontario Arts Council and Canadian Arts Council.

Her poems/translations have appeared in Queen's Quarterly, ARC Poetry, New York Times, China Daily, CBC Radio, Literary Review of Canada and more. She has performed at Parliament Hill, 2015 Austin International Poetry Festival, and more.

Anna has designed her Poetry Alive workshops, and has been teaching them at schools, colleges and libraires since 2011. Her services include public speaking, poetry reading, workshops and editing/translating/publishing etc. All services can be provided in English or Chinese or both.

#### **PRICES**

• Poetry Alive Workshops

90 minutes: \$250 | Half day: \$500

Haiku for Health and Harmony with Nature

90 minutes: \$250 | Half day: \$500

Public Speaker or Guest for special events

20-40 minutes: \$400

Special rates are available for schools/non-profit organizations.

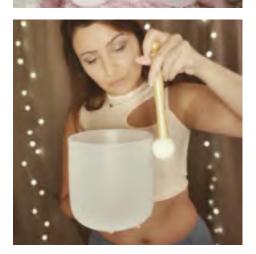
#### CONTACT

Anna Yin at anna.yin@gmail.com

Phone: (647) 890-3782

# Arts & Wellness SOUND BOWL SESSIONS





#### **Jennifer Cortez**



Jennifer Cortez, also known as, "The Prof" is a Canadian/ Ecuadorian singer and songwriter. Jennifer's style of music is heavily influenced by the eclectic sounds of Latin and Caribbean rhythms and released her first physical, 12-track album "Through the Rain" in 2010, gaining traction and radio play from local radio stations including Flow 93.5. In 2018, she chosen as a top ten live performer for the "Best of Open Mic Live" series at the Living Arts Centre. Her reggaeton single, "About That" was a selected semi-finalist in the Latin Music category for the International Songwriting Competition in 2020.

Jennifer is also a professor at Humber College and a Sound Healing Practitioner.

Jennifer can offer singing performances and sound healing therapy (using crystal sound bowls) as part of a relaxing, restful group activity.

#### **PRICES**

Please contact Jennifer for a quote.

#### CONTACT

Jennifer Cortez at jen\_cortez80@yahoo.ca Phone: (437) 256-9625